

THE NEWSBOY

News for Members of San Luis Valley Rural Electric Cooperative

Summer is in full swing! That means Annual Meeting time for your cooperative. We had a great turnout, with a total of 87 members representing all seven districts and a total of 162 guests in attendance.

Annual Meeting 2018

6/12/2018

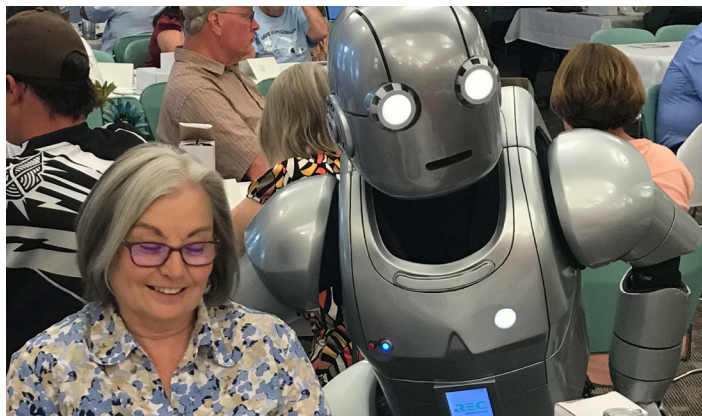
	<u>Members</u>	<u>Attendees</u>
Pre- Registration (RSVP Final)	92	184
Meeting Registration	87	162

<u>Voting District</u>	<u>Members Attending</u>
Rio Grande County	36
Costilla County	5
Saguache County	14
Mineral & Hinsdale Counties	7
Alamosa County	10
Conejos County	15
	<hr/> 87

Total registered with post cards- 61

Total registered with NO post card-26

Several special guests made the meeting as well including Power of Tri-State Generation and Transmission. Mike McInnis, CEO of Tri-State, also presented updates and even a few pretty good jokes.



Another special feature of this year's meeting was the virtual reality booth manned by the Tri-State team. Members, guests, and board members alike had the unique opportunity to take a tour atop a wind turbine or explore with Renewable Randy while learning about the importance of renewable energy.

REC was especially pleased with the attendance of scholarship recipients and their families. In a turn of events just prior to the meeting, the Adams State 4-year scholarship became available and was awarded to Anthony Lewis from Alamosa High School. We are sure Anthony is a great choice and look

2018 Annual Meeting



THIS ISSUE

2018 Annual Meeting

Meet Your Co-op!

Loren Howard

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Meet Your Co-op!



Meet Troy Golden!

Troy Golden is in his 28th year with REC. He has held many positions over the years and enjoyed all of them. Troy began his journey as a meter reader in the fall of 1990. He then moved into a lineman position and is currently one of the two staking engineers employed with REC.

Troy became a staking engineer in the latter part of 2001. He views his position as an important primary point of contact for members. Troy really is an advocate for the member; he always wants to offer the best solution for the member's electrical needs. He believes in setting their system up in a way that gives them an advantage for any future changes they may need to make. As Troy says, "Life should be about choices." With his many years of service to the cooperative Troy

has had the opportunity to work with and help hundreds of members. He values the relationships he has formed with both employees and members. Troy feels it is important to provide a positive experience when representing REC.



In this spare time, Troy and his wife, Judy, enjoy traveling in their vintage camper. He is an avid Harley rider and enjoys all-season bicycling.

Conservation Corner

To maximize your Cielo experience, remember this useful tip!



Energy Efficiency Tip of the Month

When streaming online content, use the smallest device that makes sense for the number of people watching. Avoid streaming on game consoles, which use 10 times more power than streaming through a tablet or laptop.

Source: energy.gov





LOREN HOWARD

Action of Patriotism

According to Merriam-Webster's dictionary, patriotism is "the love for or devotion to one's country." Perhaps no other day of the year evokes such a sense of patriotism than Independence Day. With flags rippling in the wind — red, white and blue bunting adorning porches and storefronts, and local parades and marching bands on display, it's easy to feel a swell of pride for our country.

Arguably another, perhaps deeper, form of patriotism is active engagement in public and civic life. Involvement in your town promotes a richer community life and ensures that institutions thrive and communities remain vibrant and inviting places to live, work and play. Besides being enjoyable, your participation in community events and activities, together with your friends, neighbors and co-workers, makes a difference. Simple things like supporting a bake sale or attending a local high school event signals to the young people in your community that you care and support them, and that the community itself is worth sustaining.

In fact, there are civic engagement opportunities through San Luis Valley REC. You may recall that one of our most important cooperative principles is that of democratic participation. If you have an electric account, you are a member of the co-op with an opportunity to provide input through voting during our annual meeting.

REC, like other types of co-ops, originated to serve a need that was not being met by traditional for-profit electric companies. While providing reliable electricity is our top priority, we are exploring other needs that might not be met otherwise — renewable energy options, like the Penitente Solar project, and access to Ciello high-speed broadband. We make decisions based on long-term

thinking — what decisions will benefit the larger community in which we operate? One of the best ways you can engage with your co-op is by casting your vote when it's time to elect board members. These are folks just like you, from our community, who provide guidance to co-op leadership on a myriad of issues and decisions both short and long term.

Perhaps you haven't voted in the past because you didn't think you were qualified to weigh in on a particular topic, or maybe you simply didn't have time to vote. But you do have an opinion on the issues that affect our community and REC wants your particular perspective. Everyone has valuable experience that informs their decision-making process.

Diverse perspectives benefit the whole community. You may have a different view than your neighbor, but together, those perspectives provide a more balanced view of the community. You could be bringing new information that hadn't previously been considered. We seek more members participating in the process, because greater numbers reflect a consensus on the direction of the future and the will of the people.

The next opportunity to vote in the board election is June 11, 2019. I would argue that voting, whether in the co-op or in local and national elections, is a form of patriotism, as it reflects a devotion to one's community and a commitment to ensure that it thrives.

Democracy is not a spectator sport; it takes active civic engagement by citizens to thrive. This Independence Day, I hope you will embrace the local celebrations and actively participate in your community — and vote at every opportunity!

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Your email will be forwarded based on the direction you provide in your subject line.

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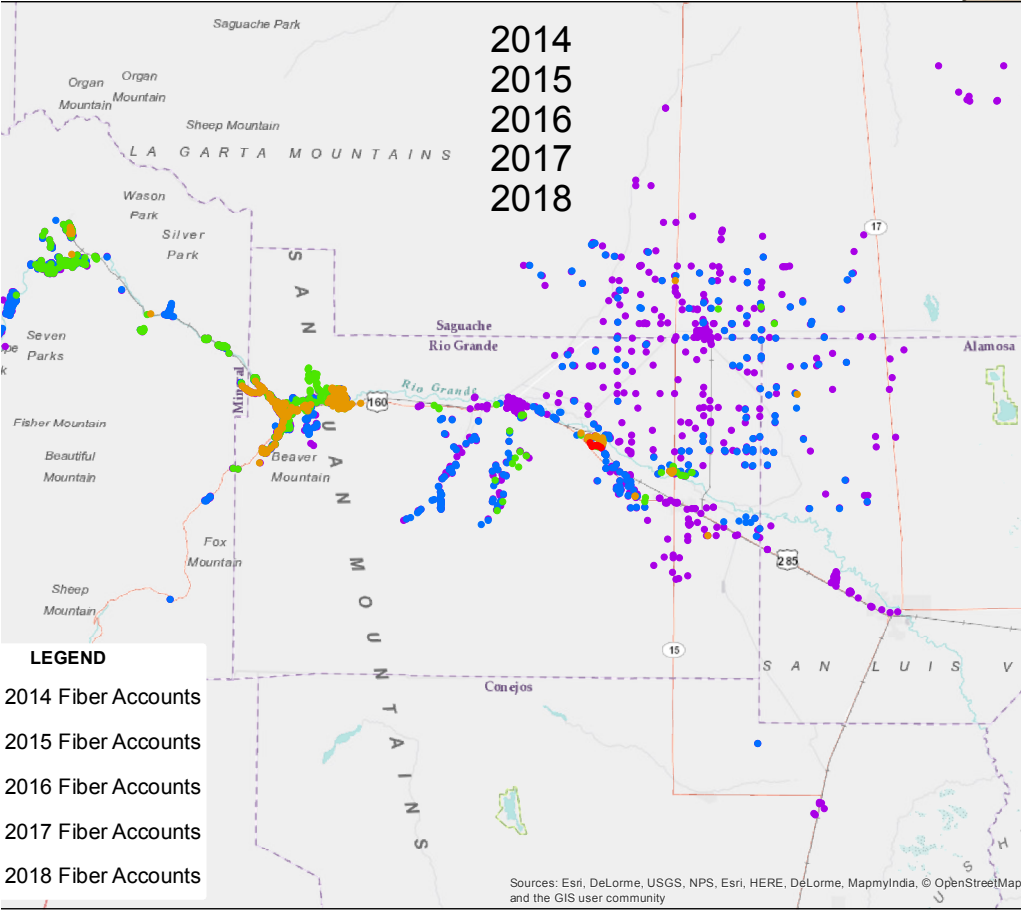
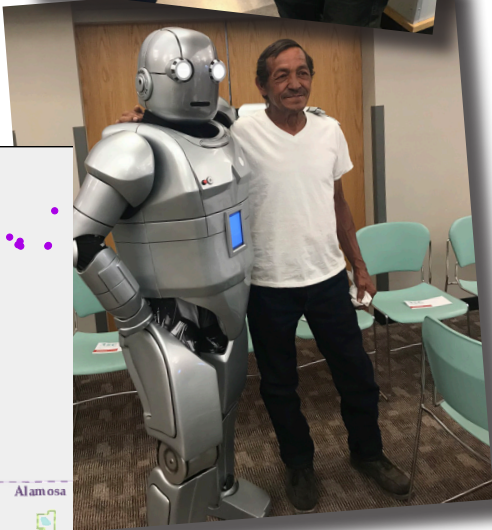
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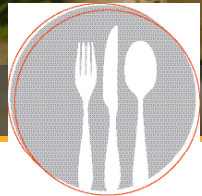
Annual Meeting Photos

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forward to following his progress throughout the next four years.

Loren Howard, CEO of San Luis Valley REC, gave a presentation on what the future holds for the cooperative and showed that electricity truly is a primary utility. Many daily functions simply cannot happen without it. He also updated the members on the Penitente Solar Project, as well as the progress of Cielo.





RECIPES OF THE MONTH

INGREDIENTS

3-4 boneless, skinless chicken breasts
2 eggs
1/2 bottle of Frank's Red Hot Buffalo Wing Sauce
1/4 cup heavy cream
12 oz sliced almonds OR pre-made almond flour OR regular breadcrumbs if you are not low-carb
blue cheese
celery
salt, pepper

Crispy Buffalo Chicken Tenders

If you are making your own almond flour, throw all sliced almonds in a blender or food processor and blend until you get a flour like texture. If you are using pre-made almond flour or breadcrumbs, skip this step.

Beat two eggs and 1/4 cream together.

Slice your boneless, skinless breasts into tender-like strips.

Dip each tender in the egg-and-cream mixture, then dredge in the breadcrumbs or almond flour.

Place breaded tender on a greased baking sheet or parchment lined baking sheet.

Bake at 375°F for 20-40 minutes, depending on oven, until chicken is cooked through.

Let chicken cool for 10-15 minutes after removing from oven.

Toss breaded, cooked tenders in Frank's Buffalo Sauce until fully coated.

Serve with celery and blue cheese or your choice of side!

INGREDIENTS

4 cups seedless watermelon chunks
1/2 cup sugar
Juice of 1 lemon

Watermelon Granita

Combine all ingredients in a food processor. Puree until smooth. Pour into a shallow, wide pan and freeze for 1 hour. Rake mixture with fork and freeze for another hour. Rake and freeze for one more hour. Rake and serve in cups.

INGREDIENTS

2 1/2 pounds red potatoes, large diced
3 tablespoons cider vinegar
3/4 cup mayonnaise (homemade if possible)
1 teaspoon mustard powder
1/4 cup chopped parsley
1 tablespoon chopped fresh tarragon
1/2 tablespoon very thinly sliced garlic
3 tablespoons fine chopped cornichons
1/2 cup small dice red onion
1/2 cup thinly sliced celery
1 teaspoon kosher salt
1/2 teaspoon freshly ground black pepper

Cold-Fashioned Potato Salad

Place potatoes into a large heavy-bottomed pot. Cover with cold water and place over medium heat. Cover the pot and bring to a boil. Immediately reduce heat and remove lid. Gently simmer until potatoes are fork tender. Drain and place into an ice bath to cool. Remove skin by rubbing with a tea towel. Slice potatoes into rounds or cut into large dice and place into a zip top bag. Add the vinegar and toss to coat all of the potatoes. Place the bag into the refrigerator overnight.

In a large mixing bowl, combine the mayonnaise, mustard, parsley, tarragon, garlic, cornichons, onions, and celery. Once evenly combined, add the potatoes and season with salt and pepper. Let the salad chill in the refrigerator for at least an hour before serving.



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POWERING A VITAL VALLEY

P.O. Box 3625
Monte Vista, CO 81144

July 2018

Closed Wednesday July 4th!



SLVREC's office is open from 7 a.m. to 5 p.m.
Monday through Thursday.
The office is closed Friday through Sunday.

ENERGY ASSISTANCE

866-HEAT HELP (866-432-8435)
www.energyoutreach.org

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Cooperative 

SCHEDULED MEETINGS

Board Meeting — July 31, 2018 @ 9:30 a.m.
The REC Board of Directors meets the last Tuesday of each
month unless otherwise stated. Members are welcome.

This institution is an equal opportunity employer.

