

THE NEWSBOY

News for Members of San Luis Valley Rural Electric Cooperative



SCHOLARSHIPS

With the close of the 2016 school year comes exciting new adventures for students moving on to a new chapter of their scholastic lives. San Luis Valley REC is proud to be able to help further this journey. The scholarship committee was very impressed with the student entries for this year. We will be awarding 11 scholarships.

Kyle Freel is the recipient of the Adams State University four-year scholarship. Kyle will be graduating from Sangre de Cristo High School and is looking forward to majoring agricultural business with a minor in chemistry. He is top three in his graduating class and has received many academic awards, included dean's list three years running. Kyle looks forward to keeping his education and career local to the San Luis Valley.

Emmett White will be receiving the Past Director Scholarship. Emmett is graduating in the two top of his class from Sangre de Cristo High School. He plans to attend the University of Denver in the fall. Along with his academic achievements, Emmett has been very active with clubs, sports and community service.

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Emily Novotny of Alamosa High School will be awarded the Past Retired Ray and John Villyard Scholarship. Emily will be attending Adams State University. She plans to major in mathematics, with a minor in chemistry or business.

Mary Hood plans to attend CU Boulder and will be receiving the Robert Wolfe Scholarship. This scholarship is awarded to students majoring in engineering or agriculture. Mary plans to pursue a career in aerospace-based engineering with the hope of becoming an officer in the U.S. Air Force. She will graduate from Sargent High School.

Brooke Mitchell is the recipient of the Basin Scholarship. Brooke is graduating top of her class from Sargent High School. She plans to attend Adams State University and major in business. Brooke has received many academic awards, while also being very active in the family's agricultural business.

Both **Michael Valdez** and **Macayla Hicks** will be awarded Tri-State Scholarships.

Macayla will graduate from Del Norte High School. The next chapter of her academic journey will be at UNC, where she will pursue her B.S. in nursing with a minor in psychology.

Michael Valdez will be attending Adams State University

in the fall, following his graduation from Monte Vista High School. Michael is graduating top three of his class.

Kye Glover, John Logan Sessums, Joseph W. Yonkerman III, and Carmen Ruggles are all recipients of the SLVREC Scholarship.

Kye Glover will be graduating from Del Norte High School. Kye will be pursuing a degree in architectural engineering. He has achieved a high level of academic and sports excellence throughout his high school career.

John Logan Sessums will attend Colorado Mesa State University, where he will be major in landscape architecture/design with a minor in business. John has received numerous honors and awards for his achievement during his time at Sargent High School.

Joseph W. Yonkerman III will be studying business and sports psychology at Adams State University in the fall of 2016. Joseph will graduate from Sargent High School where he received several academic awards and was heavily involved in community service.

Carmen Ruggles plans to attend Adams State University; she plans to study environmental engineering and wildlife biology. Graduating top of her class from Center High School, Carmen has been deeply involved in sports and clubs in addition to academic achievements throughout her time in school.

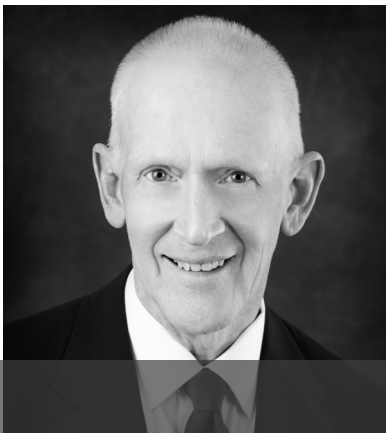
Summer Storm Safety Tip

Strong summer storms can create dangerous situations. Always avoid downed power lines - the wire could be live, which could be deadly for those nearby. Quickly report downed power lines to your local electric cooperative.



America's Electric
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LOREN HOWARD

Reaching Out

There are so many things we can say about youth, young people and age. There is a quote from the legendary baseball pitcher Satchel Paige in which he said, “Age is a case of mind over matter. If you don’t mind, it don’t matter.”

The Cooperative Trust, is an organization comprised of young professionals under 30 years old who work for cooperative businesses. The organization’s mission is to ensure that cooperatives continue as socially responsible businesses. While this group of young professionals realizes they can’t predict the future, they do want to help build it.

Throughout the years, I’ve learned that the most effective thing you can do to persuade people is to listen to them. Genuinely listen with an open mind and an open heart. In my experience, once you do that, young people will listen back.



The cooperative business model has been around in its modern form since 1844. It predates stock markets, LLCs, S corporations and many other forms of business. It continues to thrive, and interest in co-ops

as a real solution to society’s challenges is growing rapidly — co-ops are cool again! While the co-op business model may not be taught in schools all that much, cooperative knowledge is passed from generation to generation.

San Luis Valley REC has been in our community since 1937. Every co-op has a sacred obligation to help the next generation prepare for leading their co-op. The young have much to teach us. They are unburdened by the thoughts that plague so many organizations such as “That’s not the way we do it around here.” Their naïveté refreshes us and challenges us to see things in a new light so that our community can continue to be attractive to young people.

So the next time a young person asks you to be a mentor or turns to you for some advice, please be sure to ask the same in return. We can turn what is often viewed as a generation gap into a generation bridge.

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Your email will be forwarded based on the direction you provide in your message.

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COMPANY NEWS

Scott Wolfe — District 4, Alamosa County

With 12 years of service on the San Luis Valley REC Board of Directors, I have seen many challenges and accomplishments. The board has been faced with rate changes, the incorporation of renewables and ways to become more energy efficient. We have also taken on the task of launching Cielo powered by REC — the newest fiber optic broadband service provider in the Valley. We believe that Cielo will greatly aid in the economic development of the region.



With the vote of the membership, I will continue to serve as an active part of a progressive board of directors that is here for our members and that is economically aware.

Cole Wakasugi — District 2, Costilla County

It is necessary for a co-op to continually adapt to serve the needs of its members and communities. We continue to search for solutions to meet those needs. REC has put forth Cielo to provide quality high-speed internet and connectivity to enrich our members' lives and enhance economic development in the San Luis Valley. The fiber optic system will also allow us to provide better service for our electric customers. It will enable us to provide detailed and current information on usage and assist our line crews to locate problems when there are outages. I am proud to be a member of a board that continues to work on plans that are beneficial to our members and the cooperative.

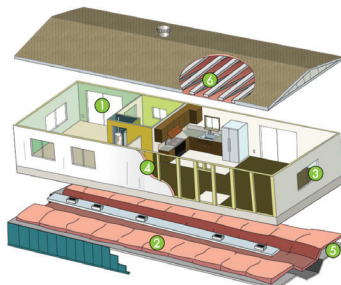


Conservation Corner



RETROFITTING YOUR MANUFACTURED HOME FOR ENERGY EFFICIENCY

- 1 Install energy-efficient windows and doors
- 2 Replace insulation in the belly
- 3 Make general repairs (seal bottom board, caulk windows, doors, ducts, etc.)
- 4 Add insulation to your walls
- 5 Install or seal belly wrap
- 6 Add insulation to your roof or install a roof cap



Original artwork provided by Touchstone Energy® Cooperatives

Energy Efficiency Tip of the Month



Avoid placing lamps or TV sets near your room air-conditioning thermostat. The thermostat senses heat from these appliances, which can cause the air conditioner to run longer than necessary.

Source: energy.gov



RECIPES OF THE MONTH

INGREDIENTS

1/2 pound pappardelle or fettuccine
Kosher salt
2 tablespoons olive oil
2 tablespoons unsalted butter
2 leeks, white and pale greens only, halved lengthwise, thinly sliced crosswise
1/4 cup chopped fresh chives
2 teaspoons finely grated lemon zest plus more for serving
1 bunch arugula, thick stems trimmed, leaves torn (about 4 cups)
1/3 cup finely grated Parmesan plus more for serving
Freshly ground black pepper
3 ounces prosciutto, torn into 1-inch pieces

Pappardelle with Arugula and Prosciutto

Cook pasta in a large pot of boiling salted water, stirring occasionally, until al dente. Drain, reserving 2 cups pasta cooking liquid.

Meanwhile, heat oil and butter in a large heavy pot over medium heat. Add leeks and cook, stirring often, until softened but not browned, 5-8 minutes.

Add pasta, chives, 2 teaspoons lemon zest, and 3/4 cup pasta cooking liquid. Cook, tossing and adding more cooking liquid by 1/4-cupfuls as needed, until a glossy sauce forms that coats pasta, about 4 minutes.

Add arugula and 1/3 cup Parmesan, season with salt and pepper, and toss to combine. Add prosciutto and toss again. Top pasta with more lemon zest and Parmesan.

INGREDIENTS

1 cup sugar
1 pound apricots plus more for serving, pitted, sliced
3/4 cup sparkling wine plus more for serving

Apricot Sorbet Floats

Bring sugar, 1 pound apricots, 3/4 cup sparkling wine, and 2 cups water to a boil in a medium saucepan. Reduce heat and simmer, stirring occasionally, until apricots are very tender, 10-15 minutes. Let cool completely.

Transfer apricot mixture to a blender and puree until smooth. Add water to apricot mixture so it measures 4 cups. Transfer mixture to a large shallow baking dish. Freeze until solid, at least 4 hours.

To serve, scoop sorbet into coupe glasses or bowls and top with more apricot slices and some sparkling wine.



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P.O. Box 3625
Monte Vista, CO 81144

May 2016

REMINDER:

Please remember to update your credit card information online. This will help avoid past- due charges and declined cards.

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Cooperative 



POWERING OUR COMMUNITY

SLVREC's offices are open from 7 a.m. to 5 p.m.
Monday through Thursday.
Offices are closed Friday through Sunday.

ENERGY ASSISTANCE

866-HEAT HELP (866-432-8435)
www.energyoutreach.org

SCHEDULED MEETINGS

Board Meeting May 31 @ 9:30 a.m.
The Board of Directors meets the last Tuesday of each month unless otherwise stated. Members are welcome.

This institution is an equal opportunity employer.

