



RICK INMAN

Gold Standard

Rick Inman, District 6 for Mineral/Hinsdale counties, from San Luis Valley REC, has attained his Director Gold credential from the National Rural Electric Cooperative Association (NRECA).

In order to earn the credential, Inman had to complete a core set of five courses, followed by a variety of elective courses, in topics ranging from finance to technology, and then commit to a continuing education requirement throughout his service on the co-op board. The Director Gold credential recognizes directors who are committed to continuing their education throughout their service on the board by earning three continuing education credits over a two-year period.

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Today's electric utility environment imposes new demands on electric cooperative directors, particularly increased knowledge of changes in the electric utility business, new governance skills and a working knowledge of the co-operative principles. Electric co-ops in Colorado have a commitment to work through the Colorado Rural Electric Association and NRECA to sharpen this director credential program for the benefit of their electric cooperative consumer-owners.

Rick Inman has been an SLVREC director since 1997. He and his wife Teri live west of Creede. Their two grown children live in northern Colorado. Reflecting back on his tenure as a director, he said, "I think we've come through

some tough times but, there are challenges still facing us." He places water issues and electric rates at the top of the list. Even with several years of wholesale power rate increases, Inman still believes electricity is a good value. He said, "Our society has evolved. All of us use more electricity now than we did years ago."

Conservation Corner



HOW TO CLEAN REFRIGERATOR COILS

... AND WHY IT MATTERS!

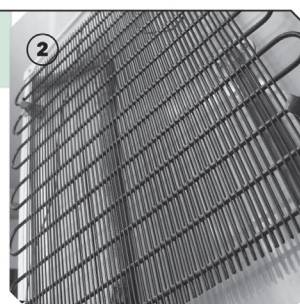
Your refrigerator is one of the largest, most-used appliances in your home. It requires only minimal maintenance – just simple cleaning of the condenser coils, which disperse heat. If the coils are covered with dust, gunk or pet hair, they cannot diffuse the heat properly and will not run efficiently. A bigger problem can result if the compressor burns out from having to run constantly because of the grimy coating. This can be an expensive problem. The bottom line? A minor investment in time once a year can save you cold cash down the line.

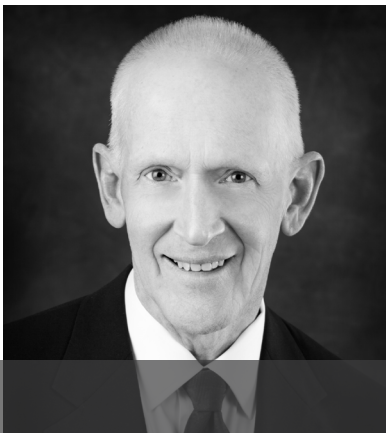


MATERIALS YOU WILL NEED

- Vacuum cleaner with hose
- Damp cloth

1. Locate the refrigerator's coil, a grid-like structure, or fan that will likely have a covering or grate protecting it. The coil is usually concealed behind the front toe kick or in the back. Some newer models have internal coils, so if you don't find them in the front or back, this may be the case with your fridge.
2. If the coil is in the back, slide the refrigerator away from the wall, removing the plug from the electrical outlet when possible. You may also need to disconnect the line to the water dispenser or icemaker to allow enough room to work.
3. Gently vacuum and clean the coil. Using the brush or crevice attachment, carefully vacuum the dust and dirt wherever you see it. If you have pulled the fridge out, vacuum and wipe down the sides and back of the fridge and the floor.
4. Once the floor is dry, plug in the refrigerator and rearrange the power cord and supply lines so they don't get a kink or stuck under the weight of the refrigerator. Slide the refrigerator back into place. Be sure to replace the toe kick panel if this was removed.





LOREN HOWARD

Operation Roundup

It started as a simple idea 27 years ago at one co-op in South Carolina. Just round up the co-op member's electric bill to the next dollar, then use it to do good work in your community. Today, hundreds of electric co-ops throughout the country, including San Luis Valley REC, use this idea to help members and organizations close to home.

All co-ops adhere to the seven cooperative principles, including "Concern for Community." The SLVREC Energy Foundation program is the perfect embodiment of this core principle. The average co-op member donates \$6, with a maximum possible contribution of \$11.88 per year. This may not seem like a large amount, but when combined with roughly 19,400 accounts participating, it adds up to make a significant impact.

Each co-op decides how they want to operate the program. Our program is governed by the San Luis Valley REC Board of Directors. This ensures that the decisions are made in the best interests of the community.

The program is always voluntary, and at any time, members can change their minds about participating. Once folks see the good work the program does in their community, they almost always keep contributing.

Over the years, millions of dollars have been collected and distributed for a wide range of activities. This can include helping a family in need after a house fire, assisting the local food pantry, providing funds so that the local fire department can get a needed piece of equipment, or dozens of

other humanitarian efforts that bring electric co-ops even closer to the communities we serve.

Here, at San Luis Valley REC part of the funds go to help with the weatherization program in conjunction with Energy Resource Center (ERC). The other portion helps with the Energy Outreach Colorado fund, which families in need can apply for through La Puente.

While each co-op must respond to the needs of its members, one of the great attributes of co-ops across the country – and the world – is their willingness to share information about the programs that have been successful. SLVREC Energy Foundation is a perfect example of that cooperative spirit.

REC is pleased to offer the SLVREC Energy Foundation program. We will continue to "borrow" ideas from other co-ops and welcome your participation. Please share with us additional activities we should explore to serve you and your neighbors. We can be reached at (719) 852-3538.

BOARD OF DIRECTORS

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Your e-mail will be forwarded based on the direction you provide in your message.

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PUBLISHER'S STATEMENT

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COMPANY NEWS

Are you interested in serving on the San Luis Valley REC Board of Directors? Members will vote on the seats for District 2, Costilla County and District 4, Alamosa.

This year membership will be voting on proposed bylaw changes, which are outlined in this article. To petition on, members must complete a petition signed by 20 or more members to be considered as a candidate. All candidates, including incumbents, must submit signed petitions.

Petitions are available at the REC office and on the cooperative's website at www.slvrec.com under the About Us tab and then to the Annual Meeting tab. The link will also be on our Facebook page at San Luis Valley Rural Electric Cooperative. Prospective candidates must return the petitions no later than April 25; however, to have a candidate profile featured in the April edition of *The Newsboy*, petitions with bios must be submitted by mid-March.

Section 5. Removal of Directors. The following provisions apply to removal of directors:

- a) Any of the directors may be removed for ~~just~~ cause by the Board of Directors at any special meeting of the Directors called for that purpose. If it is proposed that a Director be removed for just cause, the Director or Directors making the proposal shall submit their statement of cause in writing to the President who shall deliver it or cause it to be delivered to the Director whose removal is proposed and shall call a special meeting of the Directors to consider such proposal. If the Director who is the subject of the proposed removal is the President, the statement shall be delivered to the Vice-President who shall carry out the duties of the President hereunder with regard to the proposed removal. The statement of cause shall be delivered at least ten (10) business days prior to the meeting at which the removal will be considered. ~~Just~~ For cause shall include missing three (3) consecutive meetings of the Board of Directors without an excuse approved by the President and such other conduct or circumstances as may be further set forth in policies adopted by the Board of Directors, ~~and in Section 5(b) of these Bylaws.~~
- b) ~~Directors may be removed with or without cause by the members of the Cooperative at a regular or special meeting of the members of the Cooperative. Any meeting of the Directors or the members at which the removal of a Director is to be considered shall be called in accordance with all applicable provisions hereof and these Bylaws and the notice of such meeting shall specifically state that consideration shall be given at that meeting to the removal of the Director including notice of the Director or Directors proposed to be removed. The reason or reasons for the proposed removal, if any, shall not be stated in the notice of the meeting. Any proposal to remove a Director without cause may be initiated only by members, shall be made in a written petition signed by at least fifteen (15) members, shall state the reasons therefore if any and shall be submitted in accordance with Article II, Section 4. At least ten (10) business days prior to any meeting of the members at which the removal of a Director is to be considered, a copy of the statement of the reasons therefore, if any, shall be delivered to the Director.~~

~~Any director may be removed for cause at any time by the members pursuant to the procedure specified in this section. Ten percent (10%) or more of the members may bring charges requesting the removal of a director by filing a petition with the Cooperative's Secretary or Assistant Secretary in writing, specifying in detail the charges constituting the cause for removal. Such petition must be signed by at least ten percent (10%) of the members. No petition for removal shall specify charges against more than one director. If the removal of more than one director is requested, a separate petition for each director sought to be removed must be filed. The term "for cause" as used in this section is defined as malfeasance, misfeasance or nonfeasance adversely affecting the Cooperative's interest. "Malfeasance" is the doing of an act which is wholly wrongful and/or unlawful. "Misfeasance" is the improper doing of an act which a person may lawfully do. "Nonfeasance" means the omission of an act which a person ought to do. "For cause" does not mean conduct or decisions made in good faith with a reasonable basis for believing that the action authorized was in the lawful and legitimate furtherance of the Cooperative's business.~~

~~The Cooperative's Secretary or Assistant Secretary shall, upon receipt of a written petition signed by at least ten percent (10%) of the Cooperative's members, transmit such petition to the entire Board of Directors for consideration at the board's next meeting at which a quorum is present. The directors present, providing they constitute a majority of the Board of Directors, who have no charges brought against them, by majority vote shall determine if there be cause. If the majority find that cause, as defined in this section, has been stated in such petition, the request for removal shall be presented at the next regular or special meeting of the members. Such a meeting shall be held within ninety (90) days of a finding of cause. In the event there is not a majority of the Board of Directors present against whom no charges have been brought, then such petition shall be referred by the Cooperative's President, to an attorney at law, duly licensed to practice in the State of Colorado for at least five (5) years, for a determination as to whether or not cause, as defined in this section, has been stated in such petition. If charges have been brought against the Cooperative's President, then such referral shall be made by the Cooperative's General Manager. Any attorney who has previously represented this Cooperative shall not be eligible to be appointed as provided herein. In the event such attorney finds that cause, as defined in this section, has been stated in such petition, the requested removal shall be presented in the manner hereinbefore stated. Written notice shall be given to all of the Cooperative's members within thirty (30) days from the time such petition is presented, that cause, as defined in this section, has been stated or has not been stated against a director in such petition. In the event both the President and Vice President have had charges brought against them, then at any meeting of the members at which such charges are to be presented, the Board of Directors shall, by resolution, designate a parliamentarian to conduct that portion of the meeting at which charges are to be heard.~~

~~Within thirty (30) days after the meeting of members, mail ballots will be distributed to all members of record. A plurality vote of the members voting thereon by mail is required to effect such removal, except that the vote for removal by at least ten percent (10%) of the members is required to effect such removal. Any vacancy in the Board of Directors created by such removal shall be filled in the manner specified in Section 6 of this article for the remaining term of said Director. However, in the event a majority of the Board of Directors has been removed from the Board of Directors, an election for directors will be held within ninety (90) days pursuant to Section 4 of Article III. Until new directors can be elected, one-third of the Board of Directors shall constitute a quorum. If more than two-thirds of the Board of Directors has been removed, the General Manager shall assume control of the business and affairs of the Cooperative, to the extent permitted by law, until the election can be held.~~

- c) Any Director whose removal is proposed ~~and~~ and the persons bringing the charges against the Director shall be provided an opportunity to be heard at any meeting of the Board of Directors or the members called for such purpose.



RECIPES OF THE MONTH

INGREDIENTS

1 1/2 cups flour
1 tsp baking powder
1/2 tsp kosher salt
1/4 tsp baking soda
1 stick unsalted butter, at room temperature
3/4 cup packed light brown sugar
1/2 cup sugar
1/4 cup powdered sugar
2 large egg yolks
1 large egg
1 tsp vanilla extract
8 oz Reese's peanut butter cups, coarsely
chopped (about 11 full sized ones)
1/3 cup coarsely chopped pretzels
Flaky sea salt

REESE'S PEANUT BUTTER CUP AND PRETZEL COOKIES

Place racks in upper and lower thirds of oven. Preheat oven to 375F. In a large bowl, whisk together flour, baking powder, kosher salt, and baking soda. Set aside.

Beat butter with brown sugar, sugar, and powdered sugar for 3-4 minutes, until light and fluffy. Add egg yolks, egg, and vanilla and beat for an additional 4-5 minutes, scraping down the sides as needed.

With mixer on low, add dry ingredients, beating just until combined. Use a spatula to fold in pretzels and chopped Reese's peanut butter cups.

Spoon rounded tablespoonfuls of cookie dough onto 2 baking sheets lined with parchment paper. Leave 1 inch between cookies. Sprinkle cookies with sea salt.

Bake cookies for 10-12 minutes, rotating pans halfway through, just until golden brown on the edges. Allow cookies to cool slightly on baking sheets before transferring to wire racks to cool completely.

INGREDIENTS

1 bunch asparagus, trimmed
2 cloves garlic, sliced
1/4 cup olive oil
Kosher salt and black pepper
1 cup bulgur
1/3 cup chopped fresh mint leaves, plus more
for serving
8 small lamb chops (rib or loin; about 1 inch
thick, 2 1/2 pounds total)
2 teaspoons ground coriander

LAMB CHOPS WITH ROASTED ASPARAGUS & BULGUR PILAF

Heat oven to 400° F. Toss the asparagus with the garlic, 1 tablespoon of the oil, and 1/4 teaspoon each salt and pepper on a rimmed baking sheet. Roast, tossing once, until tender, 8 to 12 minutes.

Meanwhile, cook the bulgur according to the package directions. Stir in the mint, 2 tablespoons of oil, and 1/4 teaspoon each salt and pepper.

Meanwhile, heat the remaining tablespoon of oil in a large skillet over medium-high heat. Rub the lamb with the coriander, 1/2 teaspoon salt, and 1/4 teaspoon pepper. Cook, in 2 batches, to the desired doneness, 3 to 5 minutes per side for medium-rare.

Serve the lamb with the bulgur and asparagus and top with the mint leaves.



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POWERING A VITAL VALLEY

P.O. Box 3625
Monte Vista, CO 81144

March 2016



POWERING OUR COMMUNITY

SLVREC's offices are open from 7 a.m. to 5 p.m.
Monday through Thursday.
Offices are closed Friday through Sunday.

ENERGY ASSISTANCE

866-HEAT HELP (866-432-8435)
www.energyoutreach.org

SCHEDULED MEETINGS

Board Meeting March 29 @ 9:30 a.m.
The Board of Directors meets the last Tuesday of each
month unless otherwise stated. Members are welcome.

This institution is an equal opportunity employer.



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