

THE NEWSBOY

News for Members of San Luis Valley Rural Electric Cooperative



2016 ANNUAL MEETING

June was, of course, the month for Annual Meeting. This year Annual Meeting took place in the banquet rooms in the Student Union Building of Adams State University.

The event was well attended with 99 members and 165 total attendees. The employees and Board of Directors of REC worked diligently to accommodate the membership, visiting with and answering any questions they might have.

Kent Singer of Colorado Rural Electric Association and Barry Ingold of Tri-State Generation and Transmission were the guest speakers and did a fantastic job of explaining both organizations roles in relation to San Luis Valley REC. There was a question and answer session, in which CEO Loren Howard fielded questions from the membership.

And what Annual Meeting would be complete without a visit from Power? Power was on hand to take pictures and entertain members prior to the start of the meeting. Cub Scout troop 287 opened the meeting with the presentation of colors. We were also joined by some of the scholarship recipients for the acknowledgment of their scholastic achievements. *(Continued on next page.)*

THIS ISSUE

2016 Annual Meeting

Wishing You a Fantastic Fourth

Loren Howard

Company News

Recipes of the Month

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Wishing You a Fantastic Fourth!

It's July! The middle of summer, the kids are out of school and of course, we celebrate Independence Day! Typically on the Fourth, we celebrate our nation's independence with grilled hamburgers and hot dogs, homemade ice cream and other sweet treats, and last but not least, fireworks. This is a time for fellowship with family and friends, but at San Luis Valley REC, we also want to make sure our members focus on safety.

To ensure you have the best Fourth of July possible, we would like to remind you about a few important safety tips from The American Red Cross.

Nothing says "Fourth of July" like a spectacular fireworks display! The safest way to enjoy this part of the celebration is to head to a local fireworks show. But, if you want to put on your own show at home, be sure to follow these safety tips:

- Always follow the instructions on fireworks' packaging and never give fireworks to small children.
- Keep a supply of water close by as a precaution.
- Make sure to wear protective eyewear when lighting fireworks.
- Light only one firework at a time and never attempt to relight "a dud."
- Store fireworks in a cool, dry place away from children and pets.
- Never throw or point a firework toward people, animals,

vehicles, structures or flammable materials.

Cookouts are a great way to bring folks together on the Fourth. Whether you are grilling in your backyard or at a community park, make sure your feast includes a generous portion of fun and a side helping of safety! We recommend the following safety tips:

- Supervise your grill at all times.
- Use the proper tools for cooking on a grill.
- Never add charcoal starter fluid when the coals have already been ignited.
- Always follow the manufacturer's instructions when using grills.

Fireworks and cookouts wouldn't be complete without a sunny day. Here's hoping we have good weather, and if we do, make sure you are practicing sun safety:

- Use a broad spectrum SPF sunscreen and reapply often.
- Protect your eyes by wearing sunglasses.
- Drink plenty of water.
- Be on the lookout for signs of heat stroke (hot red skin; changes in consciousness; rapid, weak pulse; rapid, shallow breathing).

However you choose to celebrate, REC wishes you a safe and Happy Fourth of July!

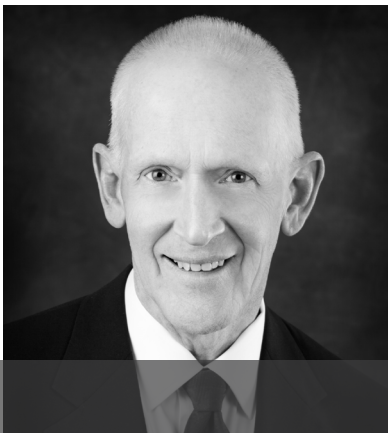
Continued from page 1

The 2016 Annual Meeting was a great success and we look forward to connecting at Town Hall meetings with the membership throughout the year.

2016 Scholarship recipients:

John Sessums, Kyle Freel, Emmett White, Emily Novotny, and Michael Valdez





LOREN HOWARD

Summer Storms

Summer is here, school is out, and families are gearing up for a few months of fun and relaxation. While summer brings much fun in the sun, it can also bring the occasional severe storm. In the event of a power outage, you can trust that San Luis Valley REC is ready to respond.

The major cause of most power outages comes from damage to power lines due to falling trees and branches. We work year round – through right-of-way clearing – to ensure power lines in our service territory stand little risk of being damaged by trees, branches or other types of vegetation.

Despite our best efforts, during major storms, damage can occur to transmission stations, substations and power lines. When this happens, our first priority is to safely restore power to as many members as possible in the shortest amount of time.



We start by mobilizing our line crews and other critical staff. Every phone line available is utilized to take your outage report calls. The big problems are handled first – like damage to transmission lines, which serve thousands of people. These problems must be corrected before we can focus on other areas where more localized damage may have occurred.

REC's line crews inspect substations to determine if the problem starts there or if there could be an issue down the line. If the root of the problem is at the substation, power can be restored to thousands of members.

Next, line crews check the service lines that deliver power into neighborhoods and communities. Line crews repair the damaged lines, restoring power to hundreds of people. If you continue to experience an outage, there may be damage to a tap line outside of your home or business. Make sure you notify REC so crews can inspect these lines.

We will do our best to avoid power outages, but sometimes Mother Nature has other plans. Be sure to check www.slvrec.com; our Facebook page, San Luis Valley Rural Electric Cooperative or Twitter @SLVREC on your smartphone for the latest updates during a power outage.

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Your email will be forwarded based on the direction you provide in your message.

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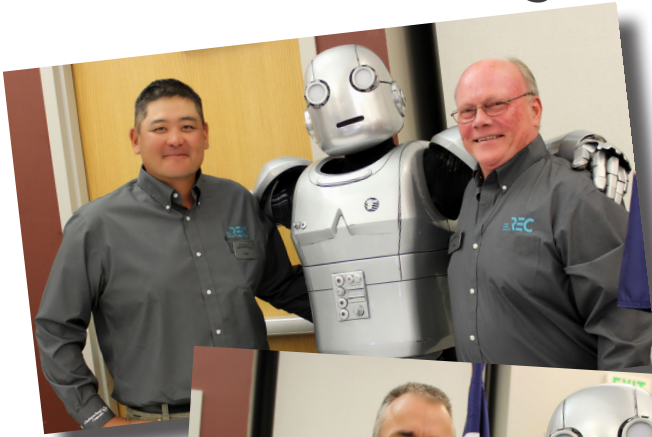


www.twitter.com/SLVREC



COMPANY NEWS

More Annual Meeting Photos



Conservation Corner

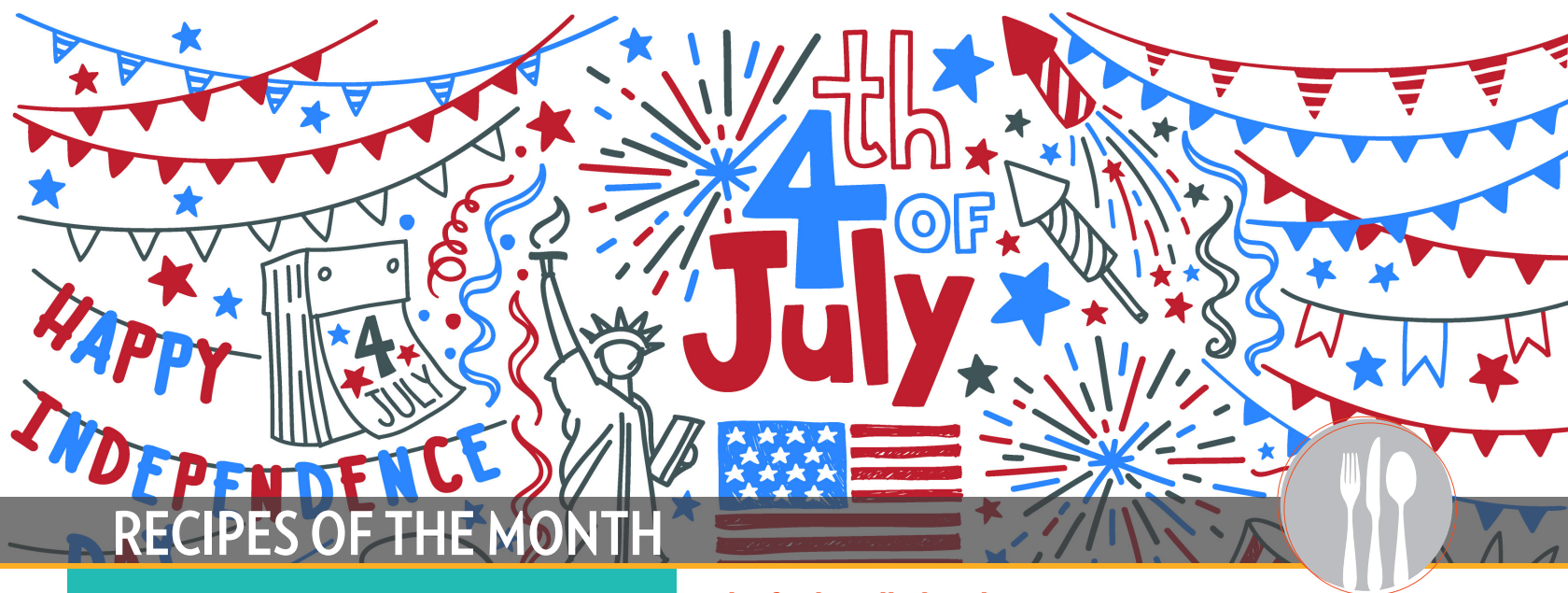


Energy Efficiency Tip of the Month



Use small electric pans, toaster ovens or convection ovens for small meals rather than your stove or oven. A toaster or convection oven uses one-third to one-half as much energy as a full-sized oven.

Source: energy.gov



RECIPES OF THE MONTH

INGREDIENTS

1 (8 pound) pork butt, trimmed
 18 cloves garlic
 1 tablespoon vegetable oil, or as needed
 4 teaspoons Creole seasoning
 2 teaspoons dark brown sugar
 1 1/2 teaspoons white sugar
 1 1/2 teaspoons smoked paprika
 1/4 teaspoon garlic powder
 1/4 teaspoon ground black pepper
 1/8 teaspoon dry mustard
 1/8 teaspoon ground cumin
 1/8 teaspoon ground ginger

4th of July Pulled Pork

Cut rows of deep slits into both sides of pork butt using a sharp knife; insert a garlic clove into each slit. Rub vegetable oil over pork butt.

Mix Creole seasoning, brown sugar, white sugar, paprika, garlic powder, black pepper, mustard, cumin, and ginger together in a bowl; coat pork butt with spice mixture. Wrap coated pork butt with aluminum foil and refrigerate for 8 hours to overnight.

Heat in a large skillet over medium-high heat; remove aluminum foil from pork butt. Sear all sides of pork butt in the fryer or hot skillet until an internal temperature of 145 degrees F is reached, 1 to 1 1/2 hours.

Wrap the seared pork butt tightly in aluminum foil.

Preheat the roaster or oven to 265 degrees F.

Place wrapped pork butt in the preheated roaster or oven until pork is easily shredded, 3 to 4 hours. Remove pork butt from aluminum foil and pull meat apart.

INGREDIENTS

5 pounds red potatoes
 1 (.7 ounce) package dry Italian salad dressing mix
 1/4 cup tarragon vinegar
 1/4 cup water
 1 cup extra-virgin olive oil
 1/2 cup chopped celery
 1 cup real bacon bits
 1/4 cup chopped dill pickle (optional)
 1/4 cup chopped green onion
 3 cups mayonnaise

Fancy 4th of July Potato Salad

Place the potatoes into a large pot and cover with water. Bring to a boil over high heat, then reduce heat to medium-low, cover, and simmer until tender, about 20 minutes. Drain and allow to steam dry for a minute or two.

In a bowl, whisk together the dry Italian dressing mix, tarragon vinegar, water, and olive oil until thoroughly blended. Set aside.

Place the hot potatoes into a large bowl, and roughly but thoroughly slice them with a table knife until the potatoes are in chunks. Pour the dressing mixture over the hot potatoes, toss to coat, and let the potatoes cool. Add the celery, bacon bits, dill pickle, and green onion to the potatoes; lightly stir in mayonnaise until all ingredients are well combined, and serve.



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POWERING A VITAL VALLEY

P.O. Box 3625
Monte Vista, CO 81144

July 2016

Photo credit Patrick Jaramillo
Photo credit Kaitlyn Larsen
Thank you Hadley & Emerson Larsen!



POWERING OUR COMMUNITY

SLVREC's offices are open from 7 a.m. to 5 p.m.
Monday through Thursday.
Offices are closed Friday through Sunday.

ENERGY ASSISTANCE

866-HEAT HELP (866-432-8435)
www.energyoutreach.org

SCHEDULED MEETINGS

Board Meeting July 26 @ 9:30 a.m.
The Board of Directors meets the last Tuesday of each
month unless otherwise stated. Members are welcome.

This institution is an equal opportunity employer.



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